

## 6) Wounds

- a) wound is on the surface
  - i) inflamed, open with pus **calendula**
  - ii) not inflamed **ledum**
  - iii) puncture wounds **ledum**
  - iv) bleeding freely and bright red
    - (1) without a bruise **phosphorus**
    - (2) bruised wounds **arnica**
  - v) crush injuries that are exceedingly painful **hypericum perf.**

### More information on remedies listed above:

Arnica: wounds, **contusions, bruises**, when wounds bleed freely, bullet wounds; **tendency to bleed and bruise**; shock.

Calendula (topical/internal application in succuss [juice] or 3X): **lacerated and suppurating wounds, raw and open inflamed wounds**; when fever is present; stops bleeding in tooth extractions – works better when applied warm than when applied cold.

Hypericum: **crush injuries; laceration of fingers; fingertips; painful puncture wounds; wounds which are exceedingly painful; crush injuries to the tailbone; tearing, darting or sharply cutting pains along nerves.**

Lachesis: hot, **bluish purple** swelling or **black-blue** swellings, worse with heat; wounds **slow to heal, dissecting** wounds, bites of poisonous animals, **bluish hue** around wound/ulcer.

Ledum: **wounds which become cold, for bites of poisonous animals; ill effects from puncture wounds; wounds feel better with cold applications.**

Phosphorus: **wound which bleeds freely, bright red.**

Silica: **good for expulsion of foreign bodies**; given in a low dilution and frequently it ripens abscesses.

## 7) Fractures

- a) non-union fractures **calc phos**
- b) cartilage or bone injuries **symphytum**
- c) fractures which fail to heal **symphytum**

### More information on remedies listed above:

Calc phos: **non-union fractures** (fractures that are not healing); **swollen glands.**

Symphytum: contusions; **cartilage or bone injuries, periosteal injuries, fractures which fail to heal.**

## 8) Pain

- a) pain out of proportion to pathology – **agaricus**
- b) pain worse from any motion – **bryonia**
- c) pain feels as a “cut or wound, often a rock” internally – **causticum**
- d) achiness in limbs, often in bones – **eupatorium perfoliatum**
- e) low back pain and sciatica
  - i) with pain out of proportion, twitching or spasms – **agaricus**
  - ii) worse with cold damp, after straining – **rhus tox**
- f) painlessness of normally painful complaints, especially head injury - **opium**

### **More information on remedies listed above:**

Agaricus: **Twitching or spasms of almost any muscle groups**; pain is out of proportion to the pathology; **severe low back pain and sciatica**.

Bryonia: **General aggravation from any motion, better from pressure, left-sided headaches; arthritis with pains worse from the slightest motion**; fracture or sprain with pain from the slightest movement.

Causticum: pain often described as a “cut” or “wound”. Also may have the sensation of a “rock” internally.

Eupatorium perfoliatum: **Pain as if “bones are broken.”** Tremendous aching and stiffness in the limbs, often in the bones, may help relieve the pain of acute fractures.

Opium: **painlessness of normally painful complaints; warm blooded, aggravated by heat; injury to head, pupils constricted**.

Rhus tox: **low back pain and sciatica; cervical stiffness which causes patient to stretch and move the head, worse from being irritated, worse cold damp, better with heat, back pain worse after muscle strains as in car accidents or over-lifting**.

## 9) Fever

- a) high fever, red flushed face
  - i) skin is very hot, no perspiration – **belladonna**
  - ii) hot perspiration, coma or delirium - **opium**
- b) sudden onset of high fever with chills **aconite**
- c) alternating sweat and dry heat, thirstless – **apis**
- d) slow onset, flushing of the face confined to circular patches – **ferrum phos**
- e) very chilly
  - i) worse from being uncovered – **nux vomica**
  - ii) bones hurt as if they were broken – **eupatorium perfoliatum**
- f) chilliness and thirst for small quantities often; fever from 12 to 3 AM or 12 to 3 PM – **arsenicum album**
- g) changeable moods, worse with warmth – **pulsatilla**

### **More information on remedies listed above:**

Aconite: indicated during the early stages of a sudden fever. Acute fever accompanied by anxiety, **fear** and restlessness. **Symptoms come on after exposure to cold air.**

Apis: Fever with alternating sweat and dry heat. **Thirstless; worse with heat; better with cold applications.**

Arsenicum album: **Fever from 12 to 3 AM** or 12 to 3 PM; fever and delirium, **great restlessness, anxiety, chilliness and thirst for small quantities often.**

Belladonna: **Red flushed face**, reddened mucous membranes, glassy eyes. **The skin is very hot, heat lingers when you touch the skin; mental dullness, confusion, agitation.**

Eupatorium perfoliatum: **tremendous aching “as if the bones are broken”**, high fever preceded by chills, especially from 7 to 9AM; high fever, chills, thirst for cold drinks, scanty perspiration, restless.

Ferrum phos: early in fevers when the symptoms develop gradually. The person is more alert, less restless or anxious than with Belladonna or Aconite. If no remedy seems indicated, try if Belladonna has not helped. **Flushing of the face may be confined to circular patches.** [May also try cell salt of ferrum phos, 6X]

Nux vomica: Great chilliness, worse from **uncovering** or from moving the blankets. **Symptoms beginning after overindulgence, overwork, loss of sleep; may have queasy stomach, irritable.**

Opium: Coma or delirium with high fever, **flushed** face, **hot perspiration.**

Pulsatilla: Weepy, clingy mood, craving affection; **changeable** moods and/or worse in warm rooms or when warmly covered; unusually little thirst. **Symptoms may have started after eating rich food.**

## 10) Shock

- a) With fear with or before collapse - **aconite**
- b) With coldness
  - i) Head is hot – **arnica**
  - ii) Does not want to be covered, senses internal burning or heat – **camphor**
  - iii) Wants to be fanned, face is puffy with cold perspiration – **carbo veg**
  - iv) Face is flushed when lying but breaks out in cold sweat upon getting up – **veratrum album**
- c) Deathly pale, fear - **aconite**
- d) From injuries, blows falls
  - i) Tells you help is not needed -**arnica**
- e) Pupils are insensible to light, breathing is irregular – **opium**

### More information on remedies listed above:

**Aconite:** **fear, frightened, anxiety** just before or with collapse; **sudden violent onset; tingling coldness** and **numbness** of the body, delirium with **fear**, worry and **restless**. Unconsciousness not often seen, face **becomes deathly pale** with sitting up, with **dizziness; vomiting from the fear, oppressed breathing. Worse with motion, sensitive to cold air**, may have increased heart rate with **palpitations** and a **full and hard pulse**. Sensation of **cold waves** or water **passing through them. Thirst, restlessness, anxiety, fear of death.**

**Arnica:** **Shock from injuries, blows, falls** especially those to the head. Consider as first remedy if condition came on after some type of injury or vascular lesion such as thrombosis or hemorrhage. Unconsciousness, confused drowsiness, patient may underestimate condition severity and **tell you that help is not needed. Head is hot with a coldness of the body, sunken face** which is very red. **Very weak** which may lead to faintness, from the **heat of the sun, motion.**

**Camphor:** **Collapse, with icy coldness of whole body;** very sudden weakness with a weak pulse; pupils dilated and/or fixed, with staring; *patient does not want to be covered even though they are icy cold;* may have a sensation of **internal burning and heat;** very **anxious; insensible**, with loss of memory; **does not want to be alone;** head pain **which is better by thinking about it;** blood shunts to interior causing skin to be cold, pale, blue, with a drop in blood pressure; excellent medicine for lockjaw, cholera.

**Carbo veg:** **Stagnation** of the blood with an **icy coldness, blueness** of skin; **desires to be fanned, wants windows open, air to flow on them;** face is puffy, cold with cold perspiration; twitching of facial muscles, especially the **upper lip;** difficult to arouse; **burning pains internally with being cold externally;** old injuries which tend to ulcerate; confusion, difficulty thinking; pulse is weak, intermittent, thread-like; may have heart palpitations; patient **wants to drink cold water during the chills;** very exhausting night and morning sweats may occur; good medicine for cholera, typhoid, sepsis

**Opium:** **Insensibility, painlessness; drowsy, stupor;** intense **sleepiness; sluggishness of function;** lack of vital reaction; **placid,** convulsions or shock **following fear or fright** and may have been preceded by an excited state; pupils **insensible to light; face is sweaty;** pulse is weak, **very slow;** there is an overall absence of sensations; painlessness and paralysis of functional activity; respiration is **irregular,** slow and may stop for a period of time before starting again.

**Veratrum alb:** **Collapse with extreme coldness and blueness of parts,** with **weakness;** good for shock following surgery; patient has **cold sweat on forehead;** rapid pulse with a pale face; may be alternately manic and in a stupor; unresponsive to external stimuli; **sudden and violent onset of condition;** fainting from emotions, exertion, injuries and from hemorrhages; person is **very cold** as is their breath; **delirium** with violence, and lewdness, especially with the pains; face is pale, **bluish,** distorted, cold and may have a terrified look, face is flushed with lying but breaks out in a cold sweat when getting up, **especially on the forehead;** loss of vision may occur; vertigo; headache with nausea and vomiting, head may feel alternately hot and cold with heaviness, numbness and confusion; there may be a sensation as if ice has been applied to the top of the head; patient may be restless but movement causes further prostration and weakness; collapse from intense vomiting and purging, with extreme coldness and weakness, as in cholera

## 11) Hemorrhage

- a) From bruises, relaxed blood vessels – **arnica**
- b) From orifices
  - i) Vomits black blood- **bothrops**
  - ii) Profuse hemorrhages especially from lungs – **china**
  - iii) Short, quick, soft, feeble pulse – **ferrum phos**
- c) Passive hemorrhage
  - i) Clotting, Dark blood, Blueness of the skin, needs to be fanned – **carbo veg**
  - ii) Not clotting
    - (1) Oozes when standing or walking – **crotalus horridus**
    - (2) Dark blood, thin, watery, fetid - **secale**
- d) Gushing
  - i) Bright red blood
    - (1) Hot, profuse, worse with drafts – **belladonna**
    - (2) Clot quickly
      - (a) with nausea – **ippecac**
      - (b) worse with least motion - **sabina**
    - (3) Does not clot, even from smaller wounds – **phosphorus**
  - ii) Dark blood, with tremors and weakness – **sulphuric acid**

### More information on remedies listed above:

Arnica: Stasis of veins, **hemorrhages** from relaxed blood vessels, bruises, thrombosis; retinal hemorrhages; blood from ears, vomiting of blood; irregular **tendency to hemorrhage**.

Belladonna: Bright, gushing, offensive; sudden onset; **nose bleeds** with red face, mucus mixed with blood; **bright red, profuse; hot; rapid weakened pulse; no thirst; anxiety or fear; worse with drafts**.

Bothrops: Blood does not coagulate; **bleeds from body orifices**; from thrombosis; sluggishness; blindness from retinal hemorrhages; vomits black blood.

Carbo veg: Stagnated blood, blueness, coldness; hemorrhages from any mucous surface; **needs to be fanned**; nose bleed daily with pale face; hemorrhage from lungs; **blueness of the skin**; blood does not coagulate; dark oozing blood; thirsty, chilly; **worse with warmth; better after burping**; cool air.

China: Bleeds from body orifices; passive hemorrhages; **intermittent; profuse; exhausting hemorrhages**; hemorrhages from lungs.

Crotalus horridus: Passive oozing of blood; will not clot; **oozes from body orifices; hemorrhage into the skin**; slimy mucus vomiting; very sensitive to light; oozes when standing or walking.

Ferrum phos: Bright hemorrhages from any orifice; vomits bright red blood, **short, quick, soft pulse**.

Ipecac: **Bright red, gushing hemorrhages which clot quickly; continued nausea; no thirst; worse with warmth**.

Phosphorus: **Blood does not coagulate; bleeds easily from orifices; wounds bleed a lot even if small; hemorrhage into the skin, hemorrhages; craves cold drinks; worse when lying on left side**.

Sabina: **Bright red blood; fluid and clots together**, worse from least motion.

Secale: Blood does not clot; oozes, thin, fetid, watery black blood; **skin feels cold to touch** but will not tolerate covering; passive bleeding or discharges; **internally patient is hot; burning; externally is cold; worse with warmth**.

Sulphuric acid: **Hemorrhages**, violent, **black**, thin; **tremor and weakness**.

- 12) **Earaches** (a combination that works very well for high fever with earache is Belladonna followed immediately by Pulsatilla, repeated as needed)
- a) One cheek red, one cheek pale
    - i) Child holds ear, no effusion or liquid- **aconite**
    - ii) Child wants to be held, does not know what they want – **chamomilla**
  - b) Dilated pupils, no thirst – **belladonna**
  - c) Discharges
    - i) Sour discharge with enlarged glands– **calc carb**
    - ii) Thick white creamy discharge – **hepar sulph**
    - iii) Thick and yellow discharge, craving warm food – **lycopodium**
    - iv) Copious yellow-green discharge with changing symptoms - **pulsatilla**
  - d) High fever with few symptoms – **ferrum phos**

Aconite: First stage; intense attack after exposure to **dry, cold winds; sharp pain; very sensitive to noise; bright red ears, high fever** (104F); one cheek red, one pale, much fear; child holds ear, screams with pain; no effusion or liquid.

Belladonna: Local congestion, ear and head; exposed parts dry but perspires on covered parts, legs, etc. **dilated pupils; sudden onset** of pain in ear and just as suddenly it leaves; **child cries out in sleep; pain causes delirium; little thirst anxiety or fear; no thirst with fever; worse with drafts.**

Calcarea carb: Throbbing, cracking in ears, **enlarged glands, pus and mucus coming from ear; profuse, often sour discharges; apprehensive**; sensitive to cold about the ears and neck; takes cold easily, **worse with cold; air, bathing**; sad, apathetic, indolent; internal heat with external sweat, coldness.

Chamomilla: Ears are red, hot, violent pain that causes screaming; **irritable**, does not know what they want; **one cheek red and one pale; wants to be held, carried, earaches from teething, worse with anger, at night, when teething**; night sweats; ears feel stopped, ringing in ears, stitching pain, *mental calmness contraindicates chamomilla*.

Ferrum phos: First stage before oozing; **wet cold; pulsating**, throbbing pain; whole face flushed; **high fever, few symptoms**; humming in ear; face pales and reddens alternately; fevers; use when Belladonna fails.

Hepar sulph: Starts left to right; mucus, pus in ear; thick white creamy discharge that gets **worse after** discharging; **stitching pain; chilly, oversensitive; sweats easily** with no relief; **covers ear and/or head**, irritable; **worse with cold, winter, drafts, wind, better with heat; wraps and damp weather.**

Lycopodium: Thick, yellow, offensive discharge; **humming and roaring with deafness; awakes angry; aversion to being alone; much noisy flatulence**; every noise causes peculiar echo in the ear; symptoms go right to left; **craves everything warm.**

Pulsatilla: Can be second or third or chronic stage of ear infection; if unsure what to give, give Pulsatilla; suppressed cold; gets feet wet; deafness after whooping cough, measles, scarlet fever; external ear red – in the first stages: feels as if something is trying to get out; **copious, thick, bland, yellow-green discharge**; stuffed-pus sensation (second stage); **changing symptoms**; nightly earaches, **worse in warmth, air, room, better with cold fresh air.**

**Other:**

Anthrax

Anthracinum

Reaction to Bee Sting

Apis

Chicken Pox/ Shingles

Rhus tox

Measles/Mumps

Pulsatilla

Tuberculinum – in children: recurring infectious illnesses such as ear infections and recurring bronchitis, respiratory infections, pneumonia, **hard short dry constant cough.**

Additionally, we have a set of remedies that WindEagle wanted to make sure that we get to you – she is still figuring out if we'll mail them to you or give them to you directly – they are very fragile and very important to have. They are combinations for the following:

Detoxification

Lymphatic Drainage

Acute Stress

Detox Virus

Chronic Stress

Environmental Detox

Heavy Metal Detox

Fungal-Yeast Infection

Bacteria Detox

Parasite Detox

### **Index to common names of remedies listed above:**

Aconitum Napellus (aconite)	Monkshood
Agaricus muscarius	Bug agaric/Fly agaric
Arnica Montana	Leopard's Bane
Anthracinum	Anthrax poison
Antimonium tartar	Tartrate antimony and potash
Apis	Honey bee poison
Arsenicum album	Arsenic trioxide
Argentum nitricum	Nitrate of silver
Baryta mur	Barium chloride
Belladonna	Deadly nightshade
Bothrops	Yellow viper venom
Botulinum	toxin of Clostridium Botulinum
Bryonia	White Bryony
Cactus	Cactus grandiflorus, night blooming cactus
Calc carb	Carbonate of lime
Calc phos	Phosphate of lime
Calendula	Calendula - marigold
Camphor	Camphor
Carbo veg	Vegetable charcoal
Caullophyllum	Blue Cohosh
Cantharis	Spanish fly
Causticum	remedy formulated by the homeopathist Samuel Hahnemann
Chamomilla	Chamomile
China (Cinchona)	Peruvian bark
Cicuta virosa	Water Hemlock
Colocynthis	Bitter apple
Crotalus horridus	Rattlesnake
Drosera	Round-leaved sundew
Eupatorium	Boneset
Ferrum Phos	Phosphate of Iron
Hepar sulph	Hepar sulphurus calcareum
Hypericum	St. John's wort
Ipecac	Cephaelis ipecacuanha
Lachesis	Bushmaster poison
Ledum	Labrador tea
Lillium tigrinum	Tiger lily
Lycopodium	Club moss
Mercurious cor	Chloride of mercury
Nat mur	Chloride of sodium (salt-NaCl)
Nux vomica	Poison nut
Opium	Poppy
Phosphorus	Phosphorus
Pulsatilla	Wind Flower
Rhus tox	Poison Ivy
Ruta graveolens	Rue
Sabina	Juniperus sabina
Secale	Ergot
Spongia toasta	Roasted sponge
Sulphuric acid	Sulphuric acid
Symphytum	Comfrey
Veratrum album	White Hellebore

From Native American Tribal Knowledge.